Trauma Terms

According to <u>Rajagopalan</u>, 20II.

Note that some sources describe rhabdo as a 'manifestation' of crush syndrome, rather than an interchangeable term (Haines & Doucet, 2023).

CRUSH INJURY

'Injury caused as a result of direct physical crushing of the muscles due to something heavy.'

CRUSH SYNDROME

'Also termed rhabdomyolysis, involves a series of metabolic changes produced due to an injury of the skeletal muscles of such a severity as to cause a disruption of cellular integrity and release of its contents into the circulation'

COMPRESSION SYDNROME

'An indirect muscle injury due to a simple, slow compression of a group of muscles leading to ischaemic damage and thus causing crush substances to enter the blood.'

COMPARTMENT SYNDROME

'A localized rapid rise of tension within a muscle compartment, which inevitably leads to metabolic disturbances akin to rhabdomyolysis'



Article 999

Refresh, support, advance UK public health literacy & Paramedics (and similar roles).