# Trauma Terms

#### According to <u>Rajagopalan</u>, 20II.

Note that some sources describe rhabdo as a 'manifestation' of crush syndrome, rather than an interchangeable term (Haines & Doucet, 2023).

#### **CRUSH INJURY**

'Injury caused as a result of direct physical crushing of the muscles due to something heavy.'

### **CRUSH SYNDROME**

'Also termed rhabdomyolysis, involves a series of metabolic changes produced due to an injury of the skeletal muscles of such a severity as to cause a disruption of cellular integrity and release of its contents into the circulation'

# **COMPRESSION SYDNROME**

'An indirect muscle injury due to a simple, slow compression of a group of muscles leading to ischaemic damage and thus causing crush substances to enter the blood.'

#### **COMPARTMENT SYNDROME**

'A localized rapid rise of tension within a muscle compartment, which inevitably leads to metabolic disturbances akin to rhabdomyolysis'



## Article 999

Refresh, support, advance UK public health literacy & Paramedics (and similar roles).