

**You are receiving  
this information  
because either  
you have chosen  
to stay at home  
against advice,  
or we do not believe  
you need to attend  
hospital at this time.**



**If any of this  
happens over  
the next 48  
hours, or if  
you normally  
have any  
of this but it's  
now worse,  
please  
call 999.**

- **Convulsion/Fit**
  - **Loss of consciousness**
  - **Vomiting**
- **Extreme Lethargy**
  - **Difficulty with balance, coordination, or mobility.**



- Speech problems
- Changes in your vision
  - Noise or light sensitivity
- A headache that persists
- Memory problems
- You are more irritable than normal, or not yourself
  - Brain fog
  - Another fall





**Please ensure  
you have someone  
who can look out  
for you over the next  
24 hours.**

**For more info,  
please go to [nhs.uk](https://www.nhs.uk).  
Search: head injury**

